



**STUBBING COURT TRAINING LTD.**  
**NEWSLETTER FEBRUARY 2015**  
**TO ALL APPRENTICES, PARENTS & EMPLOYERS**  
[www.stubbingcourtraining.com](http://www.stubbingcourtraining.com)

**SCT MASTERCLASS SERIES WITH YOGI BRIESNER**



Yogi Breisner is one of the world's most sought-after trainers. A highly successful Swedish Olympic event rider, he became performance manager of the British eventing team in 2000 and has led them to multiple gold medals at Olympic, World and European Championships ever since. It is testament therefore to Stubbing Court Training Ltd.'s standing in the equestrian world that Yogi agreed to deliver a Masterclass exclusively for SCT apprentices and employers on 5 January. He taught nine groups of riders of varying abilities and experience throughout the day at Vale View Equestrian in Leicestershire, and all felt they had benefited greatly from their coaching session. "To have access to someone like Yogi Breisner, who trains people like William Fox-Pitt and Zara Phillips, is amazing," said one apprentice. "He made his lesson fun and easy to understand, and it has made me determined to ride better." Yogi, who is also in great demand as a coach of National Hunt jockeys and has helped racehorses such as Gold Cup winner Long Run improve their jumping, said: "It is evident that Stubbing Court Training Ltd is a great asset to the horse world. These Masterclasses are a wonderful way to inspire and reward apprentices and

their employers, and encourage both sides to strive to improve standards." This was the first in SCT's acclaimed Masterclass Series for 2015. Other top riders and trainers due to impart their skills to SCT's apprentices and employers this year include Spencer Roe, who made his debut on the British showjumping team at last year's World Equestrian Games and who is a former SCT apprentice himself. The aim of the SCT Masterclass Series is to offer apprentices the opportunity to have training from leading professionals as a reward for making exceptional progress, showing commitment and dedication to their training and producing work of the highest quality. Employers are also invited to participate as a reward for the part they play in delivering top-class training and support to their apprentices throughout their qualification. SCT are extremely grateful for the support of the Vale View Equestrian team for providing superb facilities, and all the employers and apprentices who attended.



**BEST PRACTICE IN TRAINING**



Ofsted inspections have found that training is most effective when it is carefully planned and structured; suited to the individual, their competence and experience; where the amount of learning is regularly checked; and the training is used to prepare the apprentice for assessment. As part of the SCT Employer Development Programme, we are working with Graham Patrick, an Ofsted inspector and leading international adviser on the quality improvement of training practice. Graham will visit yards to observe employers delivering Practical Skills training sessions with the aim of:

- identifying and promoting best practice in training / coaching
- ensuring consistent, high quality training for all apprentices
- encouraging effective and efficient coaching to enable apprentices to learn and achieve
- continuously improving the standards of work and success of all apprentices
- providing evidence for employers wishing to do the Coaching units from April 2015

**Examples of best practice include:**

- Scheme of Work, Action Plan and Skillscheck used to plan and structure training, appropriate for the month, level and targets
- Clear structure to the session including introduction, objectives for the session, recap on the previous session, training activities, recap on what has been learnt and planning for the next session
- Well organised, good planning and preparation, time allocated for session
- Use of work performance - strengths and areas for improvement - to focus attention to key areas that require further training
- Sound practical knowledge and experience of the trainer, enthusiastic delivery, to challenge and inspire further learning and improvement
- Accurate and up-to-date technical knowledge
- Good demonstrations of the most efficient way to do the task with step-by-step explanations
- Sessions begin with establishing the current level of expertise and knowledge
- Opportunities are used to develop Maths and English skills e.g feed calculations, measuring distances and sizes of fences, calculating timescales
- Regard for safety e.g use of suitable horse (size and temperament), clean and tidy work environment, appropriate PPE, verbal risk assessment at the start of the session
- Regular checks on learning with probing questioning relating to the job and experience
- Encourage note-taking
- Trainer gives timescales for all practice activities
- Training sessions are used as preparation for assessment
- Variety of teaching and learning methods: demonstration, questioning, research, practical tasks under supervision
- Very good rapport, relaxed and encouraging manner, praise given
- Clear, constructive and encouraging feedback
- At the end of the session the Skillscheck questions are used to check learning and record the training provided
- Session is concluded with trainer and apprentice agreeing a plan for improving skills e.g more practice, new targets for speed of work, new responsibility given



**RIDING AND ROAD SAFETY TRAINING 2015**

Training and assessment 9.30am - 3.30pm

For all Level 2 Apprentices who have not already achieved this and are doing the Diploma Riding Optional Units. Please attend one of the following:

- Monday 27 April - Trent Valley E.C., Newark
- Monday 11 May - Middleton Park E.C., Leeds
- Monday 18 May - Birchwood EC, Somercotes
- Monday 1 June - Barleyfields EC, Etwall



## DRESSAGE SUMMER SERIES 2015

15 March , 5 April, 17 May , 14 June, 19 July  
There will be a prize for the rider and horse that accumulates the most points at the end of the summer. Enter one date at a time you don't need all dates. To enter or for more information contact Katie on 07729529042, email at [katierenn@sky.com](mailto:katierenn@sky.com) or visit the website [www.oldmoorfarmridingschool.co.uk](http://www.oldmoorfarmridingschool.co.uk) . Entry forms are also available on riding diary website.

## WELCOME TO ...

Marissa Thomas  
James Topham  
Mikki Bailey  
Chloe Fletcher  
Amber Franklin  
Mollie Wiblin  
Chloe Chaplain  
Rebecca Graham  
Chloe Gresswell



## LATEST ACHIEVEMENTS!!!!!!

**Apprenticeship:** Serena Parker, Ashleigh Wilkinson, Daniel Kennedy

**Advanced Apprenticeship:** Leah Warburton, Charlotte Allen, Hannah Jarvis, Joseph Shaw, Lucy Lane, Danielle Soden, Daniel Barker, Jodie Stokes



**Advanced Technical Certificate:** Emma Akehurst, Andrew Baldock, Briony Broadley, Bethany Fearn, Chelsea Fletcher, Emma Jewell, Amie Jubb, Annieka Bacon, Harriet Lawson, Alexandra Liddle-Foreman, Samantha Godman, Tara Wilkinson, Ashley Smylie, Daniella Thorpe, Yazmin Robinson, Samantha Matthews, Laura Bosworth, Jenny Gladman, Jemma Walker



**Intermediate Technical Certificate:** Emmily Antcliff, Sam Antcliff, Elliot Betts, Asher Beresford, Deanna Berrington, Maizie Brown, Fern Carroll, Alyssa Jones, Charlotte Knopik, Ellie Leadbetter, Georgia Marchington, Kathryn Massey, Georgea Nortcliffe, Heather Porter, Patricia Hall Richards, Lucy Taylor, Sarah Warner, Ellie Thompson, Lauren Smith, Anne-Marie Smith, Bethany Severn, Nicole Fairbank, Codie Goddard, Emily Harrison, Naomi Hartman, Amy Ingleson, Rebecca Meah, Shannon Patrick, Chelsie Quinn, Jack Rhodes, Elizabeth Speed, William Vicencio-Prior, Stephanie Wall

## FUNCTIONAL SKILLS EXTERNAL TESTS

**Mathematics Level 1:** Sarah Naylor, Lorna Marshall, Claudia Harrison-Guess

**Mathematics Level 2:** Harriet Lawson, Laura Bosworth, Sophie Miller, Daniella Thorpe

**English Level 1:** Clare Lavagna, Nicole Fairbank, Jack Rhodes, Serena Parker, Emma Warriner, William Vicencio-Prior, Emmily Antcliff, Sam Antcliff, Asher Beresford, Fern Carroll, Megan Smith, Lucy Taylor, Sarah Warner, James York, Georgia Marchington, Rachel Hill, Briony Broadley, Caitlin Coulter, Lauren Ward, Codie Goddard

**English Level 2:** Carole Sykes, Bethany Spencer-Seare, Alexandra Liddle-Foreman, Laura Bosworth, Lauren Crabtree, Daniella Thorpe, Lauren Smith

## HEALTH & SAFETY

20 February, 12 March, 23 April, 11 May  
at Derby College

27 February, 30 June at  
North Nottinghamshire College

LIMITED PLACES for all SCT employers,  
apprentices and their employees.  
Please contact SCT for more information on  
01246 566193

## FIRST AID

6 March, 17 March, 23 April, 6 May, 21 May  
at Derby College

10 March, 28 April, 5 May at  
North Nottinghamshire College

LIMITED PLACES for all SCT employers,  
apprentices and their employees  
Please contact SCT for more information on  
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## SUMMARY OF MASTERCLASS FEEDBACK WITH YOGI BREISNER

**Aspect 1: What was the most useful aspect of the day?** • Having a different professional teaching me and having ideas that build on my riding • Seeing a variety of training techniques - brilliant exercises that you would never see normally • Tips on position • It was useful for the apprentices, they can now apply the skills they learnt • Learning that when show jumping, it's not about your speed, it's the technique you use when riding around a course of jumps • Having the young horse work with a group of others and trying out new things • Being able to learn new training techniques • It gave my apprentice an exciting day to look forwards to, she got prepared for and in the end was worth it. A great privilege to have tuition from a top trainer • Fantastic lesson with Yogi - exercises to help improve own horse and use whilst coaching others • The training was very useful and helpful for me, as we worked on keeping my horse straight and level through a line of fences • Learning how to be central, shorten strides, be steadier and the importance of doing this • Yogi was brilliant and I learnt a lot • Watching the lessons and seeing the trainees • The coaching session I received from Julian Campbell • I found the walk, trot and 'pop' exercise useful • Learning to bend the horse around the jumps • Jumping a course at the end and putting everything together we had learnt • Yogi giving me tips on my riding and going towards a jump • Gave me things to work on and improve • I realised the importance of bending the horse correctly and keeping straight through the jumps • To work around the jumps and different ways of warming up so it's not boring for the horse, also working with other riders in a new and different arena • Meeting new people • Learning how to control the speed of my horse into the jumps and ride more confidently • Being reminded that before balance/rhythm etc, you have to be able to start, stop and stay straight and turn • The opportunity for my apprentice to ride in a group of others riding and jumping at the same time • Was nice to see the basics being reinforced • Gaining control and confidence in myself and also my horse • Riding in a new place • To bring a new horse out to a venue and see what she was like in new surroundings • Seeing an international trainer at work • Seeing the different classes of horses • Contact with parents and employers. Observation of standards needed at an International level

**Aspect 2: What was the most enjoyable aspect of the day?** • Being taught by Yogi Breisner! • Seeing the excellent training techniques put into practice and the very significant improvement made by all horses and riders • Learning • Hearing all the positive comments about Yogi and his teaching after the employers and apprentices had ridden • Trying new exercises and activities that I have never done with my horse • Learning new ways in which to approach a fence • The styles and techniques Yogi used to jump the fences better • Watching all 3 pupils work over the poles and having to plan ahead and plan a route in order to go around each other • The lesson - watching the horses and the various levels • The training was very enjoyable and discussing things with Yogi • Watching other people ride and learning tips • Getting the chance to train with Yogi • Especially enjoyed the session • Experiencing the techniques of a higher class of trainer • I enjoyed the jumping and gaining more knowledge about how to jump my horse • Jumping from walk and feeling my horse understand the exercise and improve • Being able to get my apprentice off the yard and riding in a different environment • The style of coaching was interesting and enlightening and also independent to each rider • Very nice man and he got straight to the point • Very much enjoyed being taught by Yogi, he gave constructive feedback and had an approachable manner • Spending time with other nice apprentices and horses and also watching the other riders • Helping with the lesson and setting up the jumps • The lesson was very useful for my apprentices and gave me teaching ideas • Meeting the SCT staff and watching the other lessons • To be able to jump clears • Jumping my new horse • Seeing the improvement of the riders as they progressed through the lesson • Putting faces to names • Watching top class riders - Jake Saywell and Noah Brook • Employers supporting their apprentices

**Aspect 3: What will you do now to improve your work and progress?** • To work on what I have learned and carry on adding this into my own schooling • Encourage attendance at future masterclasses • Implement actions and pointers • Work on my turns and keeping equal on both sides • Work more at home on the same exercises that Yogi used in the masterclass • Continue to work on the topics covered in the training session • Improve the relaxation in the walk so the horse isn't anticipating • Continue with work and implement to aid my training at home • I will work on the exercises we did today • To always make sure I am central and work on landing on the right leg • Rethink different angles when instructing/ training • Keep working on my corners and turning using my legs • I will now work towards sitting more still and not anticipating the fence • Continue to have lessons • Have some more lessons to work on my position and I will use some of the exercises at home especially the walk one • To do different activities and to give more with my hands • I will now ensure that my apprentice continues to progress with her jumping • Continue to watch different styles of teaching and coaching • Left flexing, slower trot and slow my rise and use my seat • Keep up with my diary sheets and make time to get photos • Practice new warm up techniques and how to bend them properly. To be more relaxed and calm when approaching a fence • To tell other apprentices to come to watch and help at future masterclasses • Stay motivated and do more jumping • Practice my bending and flexions around a course of jumps • Improve my ability to support my son in his training • I will work on my position, upper body and keep my lower leg in the correct place and keep my hands softer - all helping to maintain my straightness and balance over fences • With the confidence I gained today, I shall move forward more positively with my riding in future • Keep up the personal contact

**Aspect 4: Do you have any other comments about the quality of Masterclass?** • Brilliant to have such a well known coach teaching us • Extremely well organised, excellent venue, superb trainer. A fantastic opportunity for all apprentices and employers to have training from a world renowned Olympic trainer • A lovely venue and really well turned out horses from all the apprentices and employers • The masterclass was of a great quality and so was the training for each individual horse • It is very well run • Very good venue and facilities • Was very good to have the chance for a lesson with one of the top trainers in the country • A very good instructor • Very well organised, coaching was very interesting and understandable. All the riders were happy with their end performance and the knowledge they gained • Very enjoyable and welcoming • Very useful lesson which explained the basics and helped improve my horse's way of going • Very constructive criticism was given to help draw the most out of the riders • Really good and informative • Highly recommend, best masterclass I've ever done!! • New venue, very suitable. Outstanding organisation.