



**STUBBING COURT TRAINING LTD.**  
**NEWSLETTER FEBRUARY 2017**  
 TO ALL APPRENTICES, PARENTS & EMPLOYERS  
[www.stubbingcourtraining.com](http://www.stubbingcourtraining.com)

**SCT MASTERCLASS SERIES WITH YOGI BREISNER** ★★



**'THESE APPRENTICES ARE PART OF THE FUTURE' SAYS BREISNER** "Doing a Masterclass for the Stubbing Court apprentices is a real pleasure and joy," said Yogi Breisner after he had given the first Stubbing Court Training Ltd (SCT) Masterclass of 2017. The great trainer and coach, who recently retired as Performance Manager of Britain's much-medalled senior eventing team, continued: "It's very rewarding to work with so many young, dedicated and enthusiastic riders. They all come with an open mind, and both riders and their horses are well turned out. It's very encouraging as these young apprentices are part of the future of equestrian sports in Britain." SCT's acclaimed Masterclass Series, which is exclusive to its apprentices and employers, is now in its 16th year, and many of the top British-based riders and trainers have taken part. Yogi Breisner has long been associated with the series, and on 23 January he taught nine groups of SCT apprentices and employers at Vale View Equestrian in Leicestershire on the flat and over fences. He also gave a lungeing demonstration, which was professionally filmed and added to SCT's Online Learning programme.



SCT Chief Executive Belinda Turner said: "We have had fantastic feedback from those who attended about this Masterclass. The aim of Masterclasses is to give our apprentices and their employers access to the very best training; it acts as inspiration and as encouragement always to aim for the highest standards." SCT works throughout the horse industry to provide world-class training for young people through the apprenticeship programme. Equestrian apprenticeships enable young people to gain real, practical skills by "learning while they work", which are much-desired in the equine industry. They also earn a wage and gain widely respected qualifications at the same time.



**JODIE WRAGG - STONEHOUSE FARM EQUESTRIAN** ★★



I began my apprenticeship with Helena O'Regan in April 2016. SFE is a family run business situated in the National Forest of Leicestershire and offers breaking, schooling and sales livery services. Helena prides herself on running a first class competition and livery yard with excellent facilities, and spending time producing young horses for competition and sales. A full service livery yard is run, catering for a variety of owners from serious and advanced competitors to aspiring leisure riders. Livery packages are designed to suit the owners and their horse, offering full, competition, post-operative care and rehabilitation livery. With each livery on the yard, top class care and expert guidance is guaranteed. Another service provided by the team here is the sales livery package - clients send their horses knowing that they will receive first-rate care and will be advertised to attract the relevant target market to match the horse with the ideal buyer. There are a variety of services within the sales livery - have your horse competed/hunted and/or schooled by us if required. At Stonehouse, we aspire to continue your horse's education. Large, airy stables and a quiet safe yard with 24-hour monitoring help to encourage rapid recovery following an injury or surgery. Rehabilitation programmes can be devised in conjunction with vets, farriers and physiotherapists to ensure optimum recovery and return to fitness. SFE has facilities including: Indoor school with viewing area • 65m X 25m outdoor all weather ménage with full training mirrors • Professional tuition • Cross country schooling facilities • Secure tack store • Heated meeting room / classroom facilities • Over 120 acres of off road hacking around the farm. The yard currently has fifteen horses, half of which regularly compete at Prelim and Novice local outings with owners and staff. The horses are mostly in light to medium work. Helena has been riding from an early age and has 30 years of horse experience. She has hunted with the Atherstone Hunt, produces and competes young horses for BE and BD with success and has shown to county level and qualified for the RIHS. In August 2016, the Horse Mentor Matt Bryan joined the Stonehouse team, bringing his passion for simple yet correct and highly effective training methods in all disciplines to the yard. His unique style quickly identifies the root cause of issues, with the goal of developing a synergy of acceptance and understanding between horse and rider. The net result is a sustainable and robust partnership cemented on trust and confidence. Matt assists in hosting clinics and teaching clients, as well as training his own horses.

My role at S.H.F: As an apprentice, I am responsible for the daily care and monitoring of the yard horses. My duties include: Mucking out and skipping out beds • Turnout of horses and bringing them in, including field management/maintenance • Feeding- including supplements and stocktaking. • Grooming, tacking up, riding and exercising horses • Assisting as a travel groom at competitions • Assisting with vet, farrier and dentist visits etc. Since starting my apprenticeship at SFE, I receive constant opportunities to better my knowledge and understanding of horses. Helena provides me with excellent riding tuition, assisting with schooling in flatwork, cross-country and jumping. I regularly travel to assist at shows, helping to give me an insight into all areas of the equine industry.



★ **HEALTH & SAFETY** ★

22 February, 23 May at Bradford College  
 27 February, 12 June  
 at North Nottinghamshire College  
 01 March at Scropton RDA  
 02 March, 13 June at Trent Valley EC

LIMITED PLACES for all SCT employers, apprentices and their employees. Please contact SCT for more information on 01246 566193

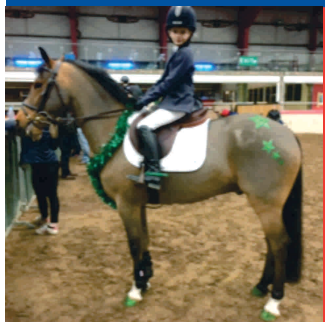
★ **FIRST AID** ★

4 April at Bradford College  
 3 July at Trent Valley EC, Newark  
 3 July at MPEC, Leeds  
 10 July at Scropton RDA, Burton  
 17 July at Stubbing Court Training

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## ELISE DOBSON - FIRST INTERNATIONAL SHOW!



I work at Queenholme Equestrian in Leicestershire for Mark and Tanya Kyle. I have worked here for over a year, achieved my Level 2 Apprenticeship and just started my Level 3 Advanced Apprenticeship. At the yard we have 82 horses, which means I have the chance to deal with a wide range, from Tabitha's ponies to Mark's 4\* event horses. I have groomed at BS Pony shows and BE events. I got the amazing opportunity to help prepare Mark's horse Jemilla for the 2016 Olympics in Rio. The highlight of my career so far was getting to groom at Cavan Show in Ireland with 12 ponies. We left at 8.30pm on Thursday 8 December and had an overnight journey on the road and ferry to get there. We arrived



the next morning, unloaded all the ponies and put them in their stables for the weekend. We then fed them, hayed and gave them water. Whilst they ate, we unpacked the lorry and set up in the barn. The competition didn't start until the Saturday. Once they had eaten, we tacked up the first ones for Tabitha and she got on at the stables and went to the arena. I followed shortly after with the next pony tacked up and ready. Once she had finished on a pony I took it to the stables where I would untack and wash it off and put it away before taking down the next pony that Kirsty had tacked up. Once all the ponies had been worked we made sure they were all washed off and clean, had their manes plaited over and had rugs on. We cleaned all the tack and locked it away. Finally, we skipped out, hayed and fed. I cleaned the waters and re filled them whilst Kirsty tidied the rest of the rugs etc. up before we finished up for the night. The next morning was the first day of the competition. We started at 6am. Firstly we fed, hayed, mucked out and cleaned the water buckets. Then we got all ponies tacked up for the first class and made sure they were clean. We groomed them and left them tied up in the stables. Tabitha got on her first pony and I followed down with the other ponies in this class, whilst Kirsty tacked up and cleaned the ponies for class 2. I watched Tabitha jump each round and prepared the next ponies for when they finished. Kirsty came down once she had finished and then one of us would take the ponies to the stables and either untack it or tie it up in the stable, depending on when it was next jumping. We continued doing this all day until all the ponies had jumped 2 classes each. The Saturday was a very long day as the ponies didn't finish jumping until 10.30pm. When the last pony came back we made sure all had eaten their hard feed, had enough hay and water and all the tack was clean and locked away. On Sunday the show was doing a Christmas theme so we put tinsel on all the ponies' martingales, glitter hearts/stars on their hind quarters and glitter on their feet. They finished jumping at 8pm. By this time, all ponies had eaten their hard feed so we just topped up their water and hay. When the ponies were sorted we cleaned the tack and locked it away in the lorry, and packed everything. We made up the feeds for the morning and left it outside their stable. All we left out was travel things, the mucking out tools and wheelbarrow. On the Monday morning, we started work at 3.30am so we could have the ponies mucked out, fed and ready for travel for 4.45am. We started by feeding them then mucked out. Then we got them all ready for travel. With the help from Mark and Tanya we loaded all the ponies and headed back off on the long journey home! So after a very long weekend with early starts and late finishes and 12 very tired ponies, I had an amazing time and would love to do it all again. A big thank you to my bosses for giving me this amazing opportunity. Also a big thank you to all the staff at Queenholme for helping me get this far in such a short amount of time!



### WELCOME TO ...



Ragen Patterson, Katie Rhodes, Jessica Seton, Naomi Loten, William Crawley, Chloe Lowndes, Poppy Vaughan, Joseph Peters, Alexandra Manson, Shelby Blamires, Megan Jade, Ashleigh Hance



### LATEST ACHIEVEMENTS!!!!!!



**Apprenticeship:** Keera Clarke, Alisha Lingard, Chiccira-Raie Martin, Emily Ross, Eleanor Stevenson, Elizabeth Mellor



**Advanced Apprenticeship:** Kathryn Massey, Emily Howarth, Paige Price

**Intermediate Technical Certificate:** Alice Richardson, Ruth Bentley, India Farrow, Bethany Drakeford, Katie Wilkes, Georgia Hardy, Kirsty Banks, Alisha Smith, Lucy Woodward, Emily Saunders, Olivia Hatton, Chloe Parker, Kerry Ings, Megan Spurgeon, Katie Leech

**Advanced Technical Certificate:** Madeleine Emmerson, Sophie Tulloch, Connie Johnson, Megan Smith, Rebecca Marshall-Potter, Jade Hudson, Eleesha Murray

### FUNCTIONAL SKILLS EXTERNAL TESTS

**Mathematics Level 2:** Clare Ackroyd, Natasha Hallam, Katie Wilkes

## SUMMARY OF MASTERCLASS FEEDBACK WITH YOGI BREISNER

**1: What was the most useful aspect of the day?** • Seeing the improvements in every horse and rider during each session and the techniques and exercises Yogi used and adapted for each individual • Straightness to the fence • Having a structured lesson with Yogi • Seeing how to deal with different horses • Being able to train with such an incredible man • Starting with poles and then working up to going round a short course - working on lines etc • Keeping control through grids • Watching jumping skills • Watching our young horses improve throughout the session • An outing at a different venue for both horse and rider • Ideas for future training • Exercises used to everyone's abilities • Looking at the set up that Yogi used and listening to his feedback • Learning new skills and information from a knowledgeable trainer • He worked with us all individually • Seeing a top coach teach lots of different abilities and everybody learning • Feedback from Yogi • Having a horse to bring and preparing him • To see my apprentices ride and gain skills to use in diary sheets • Seeing different exercises to use at home and why they are used by Yogi • Spending time working on lower leg position and control • The way he explained what he was asking them to do and really good at getting confidence level up • Really enjoyed the raised canter poles • Learning something new about distances, able to take many things home to work on • The whole thing but the lunge work was interesting and the information was comprehensive • Noticing an improvement in my horse from the start of the session to the end • Very helpful and gave great advice • The gymnastic exercises and the effect it had on my horse

**2: What was the most enjoyable aspect of the day?** • Seeing the talented horses and riders improving so much and the high standard of turnout • Having a lesson with Yogi, to improve mine and my horse's way of going • Having the chance to help out and see lots of abilities and different horses that attended • Working through exercises to improve confidence and technique • Riding courses on both reins and into the jumps • Feeling my horse improve • Being able to do a course of jumps • Listening to Yogi • Watching grid work - useful tips for at home • The level of riders • Watching Kyle ride and helping prepare for today • Knowledge of trainer and hospitality of SCT • Learning new ways to work and develop horses • Jumping unusual and different courses • Seeing the techniques of another coach • Taking part in the jumping • My lesson • It was nice to see and meet all the new employers and apprentices • I enjoyed Yogi demonstrating the correct position, this helped give me a better feel and understanding of the correct position • Seeing my apprentice do well going round with the other riders • Watching my daughter ride and work correctly into a nice contact • Work on riding my lines between fences • Riding in an indoor arena with mirrors • Getting feedback and doing a variety of exercises • Yogi took time with everyone in the class and made it relaxing and humorous

**3: What will you do now to improve your work and progress?** • Encourage attendance at future masterclasses • Take on board everything that Yogi said and use it every day • Set up a similar grid at home • Continue to support the masterclasses • Use the exercises with clients • Take home the exercises to use with multiple horses • Use the techniques we did in the masterclass at home • Practice what Yogi told me • Practice more on my position • Continue to school and jump my horse and help our apprentices with their riding for their work • Shorten reins up and slow down • Continue working on keeping lower leg forward • Straightness and impulsion • Use more poles! • Take everyone's advice in and be more open to pushing my boundaries • Use canter poles on a circle • I will adapt the set up to use with my clients • Keep hold of my outside rein more • Practice teaching these exercises • I will look on the Online Learning more and take more into my work • Stay on target and ride more • Work on straightness, especially on the right rein by taking his quarters to the left • Continue with straightening and consistent exercises • Work on lower leg position, keeping knees relaxed • Keep her riding without stirrups to improve balance • Related distances and keeping straight and forward after a fence

**4: Do you have any other comments about the quality of Masterclass?** • Extremely well organised, excellent venue, fantastic trainer, of exceptionally high quality and ability • Very well organised • Excellent • Glad Yogi was stern with me, which made me become strict on my horse • Would like to try a class • It was great • It was good to watch Yogi with the riders at different levels and how he adapted the set up accordingly • Very knowledgeable and engaging trainer • Loved every minute - Thank you so much for doing a flatwork session • One of the best yet • Nice to see a quality flatwork session and lovely horses ridden by employers • Great to see lungeing, jumping and flat all in one day • Top class coach and really encouraging • I have so far attended x3 SCT masterclasses and this was my favourite, Yogi was fantastic, friendly and gave expert advice in a way I really understood. • Brilliant - more please!! • Fantastic masterclass - Yogi was friendly and informative, Brilliant, thank you! • Extremely enjoyed the masterclass and would definitely like to have another opportunity again • Informative, full of learning and fun • Same level of riders in each group as well as the horses • Perfect!



### RIDING & ROAD SAFETY 2017



For all Level 2 Apprentices who have not already achieved this and are doing the Diploma Riding Optional units. Please attend one of the following:  
Monday 8 May 2017 - Middleton Park EC, Middleton Grove, Leeds LS11 5TZ  
Monday 15 May 2017 - Scropton RDA, Watery Lane, Scropton DE65 5PL  
Monday 22 May 2016 - Trent Valley EC, Occupation Lane, Fiskerton, Newark NG25 0TR  
Monday 5 June 2017 - Birchwood EC, 140 Birchwood Lane, Somercotes DE55 4NE